

Positive Alternatives October – December Quarterly Update

Grantee: LAKES LIFE CARE CENTER

Goal: To provide resources, referrals, pregnancy and parenting education, ultrasounds, and after hours phone support to pregnant and parenting women in the north metro

For the period:

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Outreach	Meet with social service agencies and community organizations to access services for clients and seek referrals; develop relationships with local schools; update brochures and flyers, update and maintain website; advertise		Visited: Community Helping Hand, Fairview Medical Birthing Center, Forest Lake Area Partnership for Families, Lakes Area Women In Business, Youth Service Bureau. Dropped of flyers at North Branch Social Services and updated flyers on community bulletin boards.	
Hotline	Provide after-hours and weekend call service; pregnancy counseling; provide accurate medical information and referrals	50	This program has switched to OptionLine for answering phones after hours. OptionLine does not document the number of calls coming in. We have retained the use of one cell for the purposes of allowing clients to text us and for us to text them.	NA
Parenting Education	Provide individual parenting education classes in an incentive program	20	We have had 2 more clients give birth so they have moved to parenting classes. It is exciting to see so many mothers continue to take classes after their babies are born. Clients are stating the classes helped them feel prepared for their babies birth.	38
Pregnancy Education	Provide individual pregnancy education classes in an incentive program; provide referrals when requested to child birth preparation classes, medical assistance, financial assistance and other	20	Although we are still doing a number of ultrasounds we have had fewer clients sign up for classes. Many of these clients are unable to come to classes due to work schedules. We have started offering classes earlier and later in hopes this will allow more women to take classes.	23

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Provide Necessary Services Assessments Only	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services	10	Many clients that come in for referrals also participate in our programs, especially our education programs so they can continue to receive services	11
Ultrasound	Nursing staff provides intake, assessment, ultrasounds, prenatal vitamins when needed; provides counseling and referrals when requested	10 - 12	Ultrasounds are up this quarter. We are seeing a switch from mostly negative pregnancy tests to mostly positive. Clients are stating that they are hearing about us from our website.	16

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	1
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	0
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	0
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	3
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	0
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	1

Challenges: We have faced some issues with clients not being able to take classes due to the centers hours. We have added some earlier hours and some later hours to help with this issue.

Comments: A client who was an active participant two years ago stopped by the center to let us know how well she was doing and to also bring back the baby stuff that she received from our program. She stated that she wanted someone else to benefit from these items like she did.